Delgado
COMMUNITY COLLEGE

CURRICULUM COMMITTEE MEETING

Friday, October 9, 2026, 1:00 p.m.
City Park Campus, Lac Maurepas, Student Life Center (Building #23, Second Floor)

AGENDA

I. Call to Order

II. Roll Call

III. Call for Public Comments (LA R.S. 42:26, 2010, No. 861, sec 23)

IV. Minutes of meeting of September 11, 2026

V. Curriculum Operations Report—Rosaria Guastella

VI. New Business

a) **School of Business**
Take Motion from the Table:
Program Revision: Associate of Applied Science in Business and Management: Human Resource Management/Leadership Concentration
Add: BUSG 210: Business Ethics
Revise: "choose from" courses from three (3) courses to two (2) courses
(tabled from Meeting of 9/11/26)

Revise Suggested Sequence accordingly

b) **School of Business/MARK**
Course Revision: MARK 211: Personal Selling
Delete: SLO #5 Use budgets and financial statements for sales forces.
Delete: SLO #6 Describe how to design and price a product to meet consumers' needs.

c) **School of Business/MARK**
Course Revision: MARK 218: Retailing and E-Commerce
Delete: SLO #1 Distinguish between the different types of retailers
Add: SLO #1 Create an E-Commerce Digital Application

d) **School of Health Sciences—Allied Health/PSOM**
New Course: PSOM 150: Sleep Technology Practicum I 0/16/3

Course Goal: Students will learn aspects of polysomnographic technology through observation in an accredited sleep laboratory.

Course Description: This 12-week supervised practicum provides basic experience in accredited sleep laboratories. Students observe polysomnographic studies, PAP titrations, daytime testing, and scoring by shadowing credentialed sleep technologists.

e) **School of Health Sciences—Allied Health/PSOM**
Course Revision: PSOM 250: Clinical Internship in Polysomnography 0/32/10
Change name to: Sleep Technology Practicum II
Change lab/credit hours to: 0/16/4
Change prerequisite from: Successful completion of all didactic polysomnography courses to: None
Change course description:

New Description: This 12-week supervised practicum provides intensive hands-on experience in accredited sleep laboratories. Students perform polysomnographic studies, PAP titrations, daytime testing and scoring under direct supervision of credentialed sleep technologists.

Current Description: Provides intensive hands-on experience in accredited sleep laboratories. Students perform polysomnographic studies, PAP titrations, daytime testing and scoring under direct supervision of credentialed sleep technologists.

f) **School of Health Sciences—Allied Health/PSOM**
New Course: PSOM 254: Sleep Technology Seminar 3/0/3

Course Goal: The course is designed to give the student the opportunity to utilize his or her educational experience in the presentation of a well-researched and critical summary of the present state of sleep technology. This course will prepare students for the board exam. Both textbooks and original publications will be included as sources in each student's presentation.

Course Description: The capstone educational experience in the sleep studies program. Students will work in groups to assemble and prepare a comprehensive review of the anatomy and physiology, pathophysiology, instrumentation, monitoring, and therapeutic interventions as well as professional conduct. The laws and regulations of the state of Louisiana as applied to sleep technology and sleep medicine will be taught. Individual, oral presentations of the various topics will be given by each student followed by questions from experienced personnel.

g) **School of Health Sciences—Allied Health/PSOM**
Program Revision: Certificate of Technical Studies (CTS) in Sleep Technology
Add: PSOM 150: Sleep Technology Practicum I 0/16/3
Add: PSOM 254: Sleep Technology Seminar 3/0/3

Revise Suggested Sequence accordingly
Program hours remain the same after adjustments to PSOM 250 (see above).

h) **School of Health Sciences—Allied Health/WELL**
Course Revision: WELL 145: Personal Fitness 1/2/2
Change name to: Fitness and Conditioning
Change course prefix and number to: HESC 121: Fitness and Conditioning
Change hours from: 1/2/2 to 2/2/3
Change course description:

New Description: Designed to emphasize the role fitness plays in a wellness-based lifestyle. This hybrid lecture and activity course will review concepts related to exercise assessment and prescription, nutrition, body composition, and behavior modification.

Current Description: Emphasizes the role fitness plays in a wellness-based lifestyle. Components of fitness in depth and the importance of physical activity and exercise in maintaining health and wellness. Concepts of nutrition, time, stress management, postural techniques and injury prevention and their impact on physical fitness will be examined. Students will participate in wellness and fitness assessment tools, analyze the results, and develop strategies to improve personal fitness.

i) **School of Health Sciences—Allied Health/WELL**
Course Revision: WELL 152: Stress Management for Wellness 1/0/1
Change name to: Stress Management
Change course prefix and number to: HESC 122: Stress Management
Change hours from: 1/0/1 to 3/0/3
Change course description:

New Description: Examines the impact of stress on personal health. This course will cover key stress management components, the stress response, recognizing distress, and how stress relates to overall personal wellness while implementing a myriad of effective cognitive skills and relaxation techniques.

Current Description: Stress management for the promotion of personal wellness. Basic course covering key stress management concepts, the stress response, recognizing distress, strategies for managing stress, and how stress relates to overall personal wellness.

j) **School of Health Sciences—Allied Health/WELL**
Course Revision: WELL 140: Personal Wellness 3/0/3
Change name to: Foundations of Wellness
Change course prefix and number to: HESC 123: Foundations of Wellness

Change course description:

New Description: Examines the core concepts of wellness. Emphasis is placed on personal responsibility, active decision-making, and the embrace of diverse, individualized approaches to lifelong health and wellness.

Current Description: Concept of wellness for the improvement of quality of life and well-being. Also emphasizes the role self-responsibility plays in addressing personal wellness and embraces individuality in wellness choices.

k) **School of Health Sciences—Allied Health/WELL**
Course Revision: WELL 150: Personal Nutrition Wellness 1/0/1
Change name to: Nutrition for Health and Wellness
Change course prefix and number to: HESC 124: Nutrition for Health and Wellness
Change hours from: 1/0/1 to 3/0/3
Change course description:

New Description: Explores the science and nutrition and its vital role in personal wellness. This introductory class covers key nutritional concepts, behavior, and consumerism related to nutrition and the role of nutrition in personal health.

Current Description: Provides information on nutrition for the promotion of personal wellness. Basic course covering key nutritional concepts, behavior and consumerism related to nutrition, nutrition related to weight management, and the role of nutrition in personal health and wellness.

l) **School of Science, Technology, Engineering, and Math/MATH**
New Course: MATH 126: Contemporary Math with Integrated Support 6/0/6

Course Goal: The goal of MATH 126 is to enable students to meet contemporary math learning outcomes while strengthening foundational skills through integrated instruction.

Course Description: Combines the college algebra content of MATH 120 with supporting foundational instruction in a single course. Foundational skills are taught alongside the concepts they support. MATH 126 is designed for students who require additional support for Contemporary Math based on placement. Topics include but are not limited to set theory, financial math Aristotelian logic, graph theory, probability theory, statistics, elementary number theory, optimization, algebra fundamentals, and relevant applications in contemporary mathematics with additional support for the course topics.

m) **School of Science, Technology, Engineering, and Math/MATH**
New Course: MATH 136: College Algebra with Integrated Support 6/0/6

Course Goal: The goal of MATH 136 is to enable students to meet college algebra learning outcomes while strengthening foundational algebra skills through integrated instruction.

Course Description: Combines the college algebra content of MATH 130 with supporting foundational algebra instruction in a single course. Foundational skills are taught alongside the concepts they support. MATH 136 is designed for students who require additional support for College Algebra based on placement. This course equips students with the mathematical skills needed to model and solve real-world problems, to enable students to develop problem-solving skills while fostering critical thinking, and to prepare students for other courses such as trigonometry and calculus.

n) **School of Science, Technology, Engineering, and Math/BIOL**
Revision: Natural Science General Education
Add: BIOL 114: Nutrition to Natural Science General Education course list

o) **School of Liberal Arts, Social Science, and Education/PSYC**
Revision: Social/Behavioral Science General Education
Add: PSYC 290: Forensic Psychology to Social/Behavioral Science General Education course list

p) **School of Liberal Arts, Social Science, and Education/AALT**
Program Revision: Associate of Arts Louisiana Transfer Degree
Delete: Concentrations in Fine Arts, Humanities, and Social Sciences

VII. Consent Agenda

a) 2026-2027 PLA Matrix

b) **Terminate** the following PSOM Courses:
PSOM 105: Introduction to Sleep and Wake
PSOM 107: Fundamentals of Polysomnography
PSOM 109: Anatomy & Physiology of Sleep and Breathing
PSOM 112: Pathophysiology and Classification of Sleep Disorders
PSOM 115: Instrumentation in Polysomnography
PSOM 117: Monitoring and Introduction to Therapeutic Interventions
PSOM 120: Polysomnographic Practicum I
PSOM 200: Polysomnographic Theory Integration
PSOM 207: Polysomnographic Practicum II
PSOM 209: Therapeutic Interventions for Polysomnographic Technology
PSOM 210: Polysomnographic Practicum III

PSOM 220: Polysomnographic Professional Seminar

c) Add $150 course fee to FSED 132: Funeral Directing II

d) Add “or” CITS 101: Computer and Internet Literacy to CITS 100: Introduction to Computer Applications for CTS Precision Machining, CTS (Air-Conditioning) Certified HVAC Technician and TD (Air-Conditioning) Master HVAC/R Technician

VIII. Old Business

IX. Next Meeting **November 13, 2026**

X. Adjournment